

**LADINA SCHILLIG**

# Artist Statement

My practice was originally rooted in photography but has since widened to include language (written and spoken), installation, and video.

My work often addresses gender questions, mental health and identity. These themes are interlocked and separate, and sometimes even thriving on one another. I approach these subjects through a mix of personal experience and a lot of research.

I work with the words I loathe, the memories that haunt me, the thoughts that pester me and in opposition to a gaze that's on me. A lot of my pieces give me the chance to disengage and examine the structures that are forced upon me, either by society, by myself, or by my surroundings, willingly - and unwillingly.



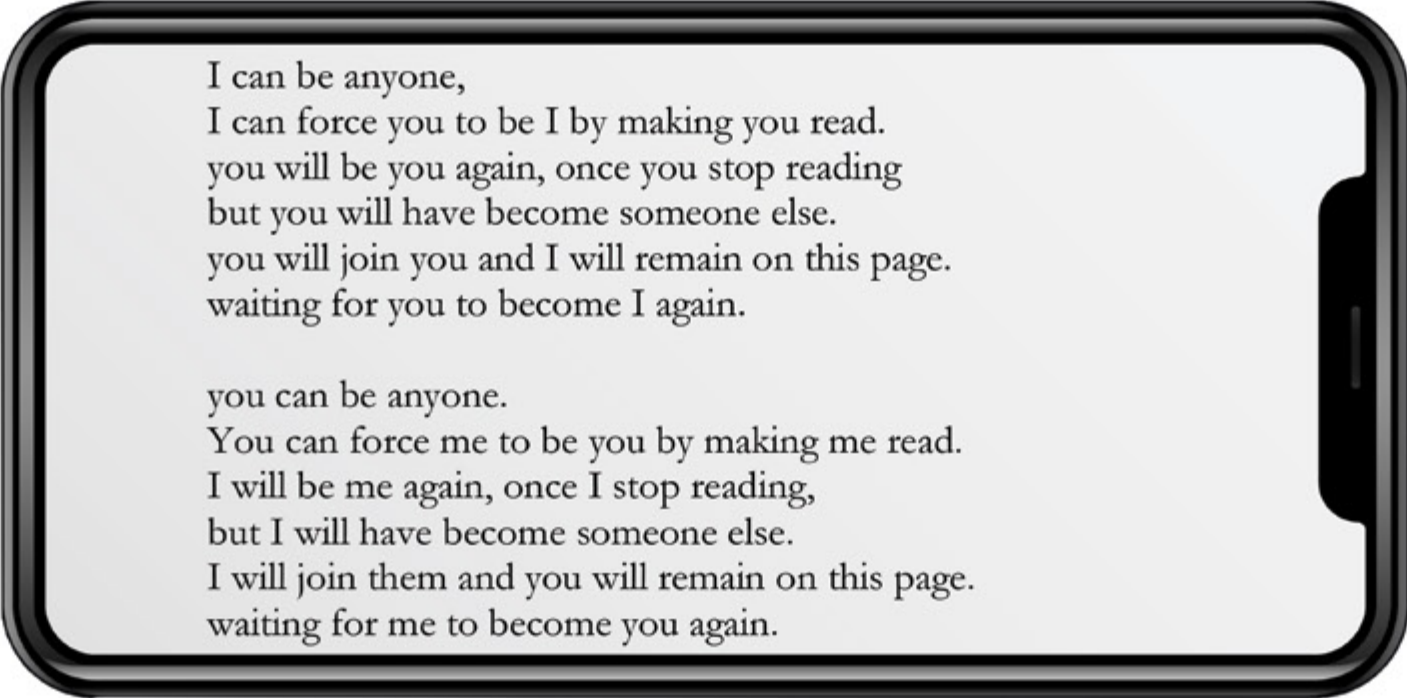


## Blurred Spaces, 2022

video projection of photographs and poems

A video collage of memories, combining poems and photographs which were made, written and collected over the past six years.



A graphic of a smartphone with a black border and rounded corners. The screen is light gray and contains two poems. The top poem is written in a serif font and is centered. The bottom poem is also in a serif font and is centered. The phone has a black notch at the top and a black home button at the bottom.

I can be anyone,  
I can force you to be I by making you read.  
you will be you again, once you stop reading  
but you will have become someone else.  
you will join you and I will remain on this page.  
waiting for you to become I again.

you can be anyone.  
You can force me to be you by making me read.  
I will be me again, once I stop reading,  
but I will have become someone else.  
I will join them and you will remain on this page.  
waiting for me to become you again.

## **Your Hardcore is my Vanilla, 2022**

series of public readings of poetry

The selected poems were written during the the past two years and are published solely during these public readings. The poems aren't printed and the selection varies and changes from reading to reading.



**I'm still here (traces of you), 2021**

inkjet print on semi gloss paper 30 x 45cm

*"I'm still here (traces of you)" is meant to illustrate the moments just after someone's passing. Their presence can still be felt though the actual person is already gone. Surrounded by details and hints of them, as if you had just missed them by a couple of minutes. 'I'm still here with these traces of you.'*









**Philautia is gone (a spectrum of study), 2019**

self-help books, desk

*Philautia is gone (a spectrum of study)* takes a look at self-love and its absence through the use of self-help books.





DENK DOCH, WAS DU WILLST

WILLST DU NORMAL SEIN  
ODER GLÜCKLICH?

HEYNE

die Sprache der Seele verstehen

Master: Denken, Lernen, Vergessen 30003

Kohut Die Heilung des Selbst

Mit meinem Ich auf Du und Du

LOUISE L. HAY *Ist das Leben  
nicht wunderbar!*

Wilhelm Schmid Mit sich selbst befreundet sein

HEILEN MIT KRISTALLEN Knauer  
EXAL-RATGEBER Depression Karger 4192

Dweck **Selbstbild**

TTLER Depression ist keine Krankheit

*Sich wohlfühlen*

nn der Mensch, den du liebst, depressiv ist Sachbuch 61331

LIEBE DAS LEBEN WIE DICH SELBST

Über die Liebe zum Leben

Allegria MIRANDA KERR SO KOMMST DU MIT DEM LEBEN KLAR

Über die Liebe

UDO RAUCHFLEISCH L(II)EBEN MIT BORDERLINE

MIT KRISEN LEBEN

sachbuch Stefan Klein DIE GLÜCKSFORMEL

Sonja Lyubomirsky  
**GLÜCKLICH SEIN**

GOLDMANN

Pierre Franckh

Einfach glücklich sein!

22105

Bruno Dörig

Herzmitte und Randnähe

Vom Mitleid it 2503

HERDER SPEKTRUM

Hurley/Dobson Wer bin ich?

4312

großdruck

Erich Fromm Die Kunst des Liebens

36102

mvg Verlag


Tate

Lieben ohne Leiden

HERDER SPEKTRUM

JORDAN B. PETERSON 12 RULES FOR LIFE





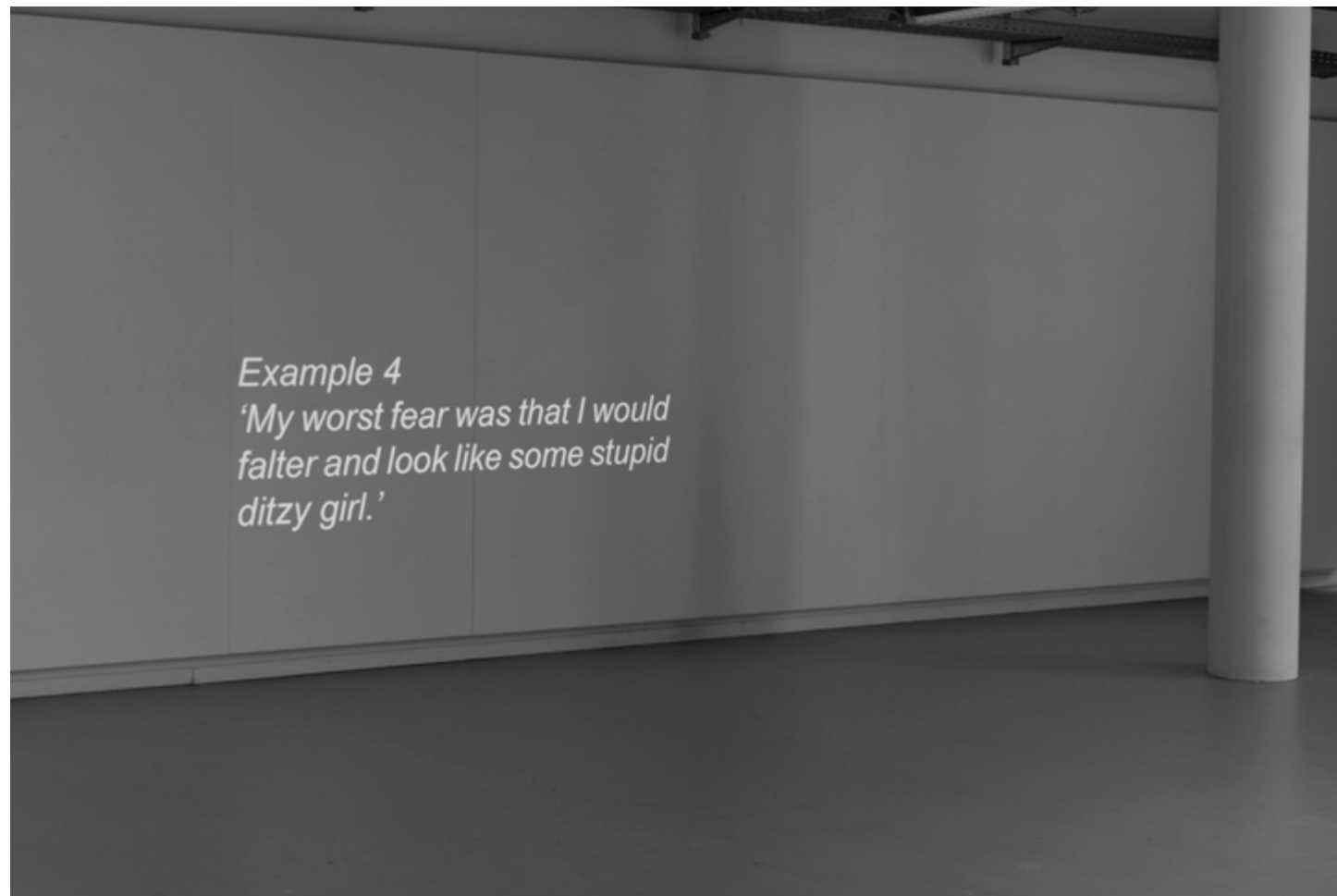
**ditzy**  
ADJECTIVE  
*North American*  
*informal*  
Silly or scatterbrained.

### **How we use words (Oxford Dictionary), 2019 - present**

projection of words, definitions and examples

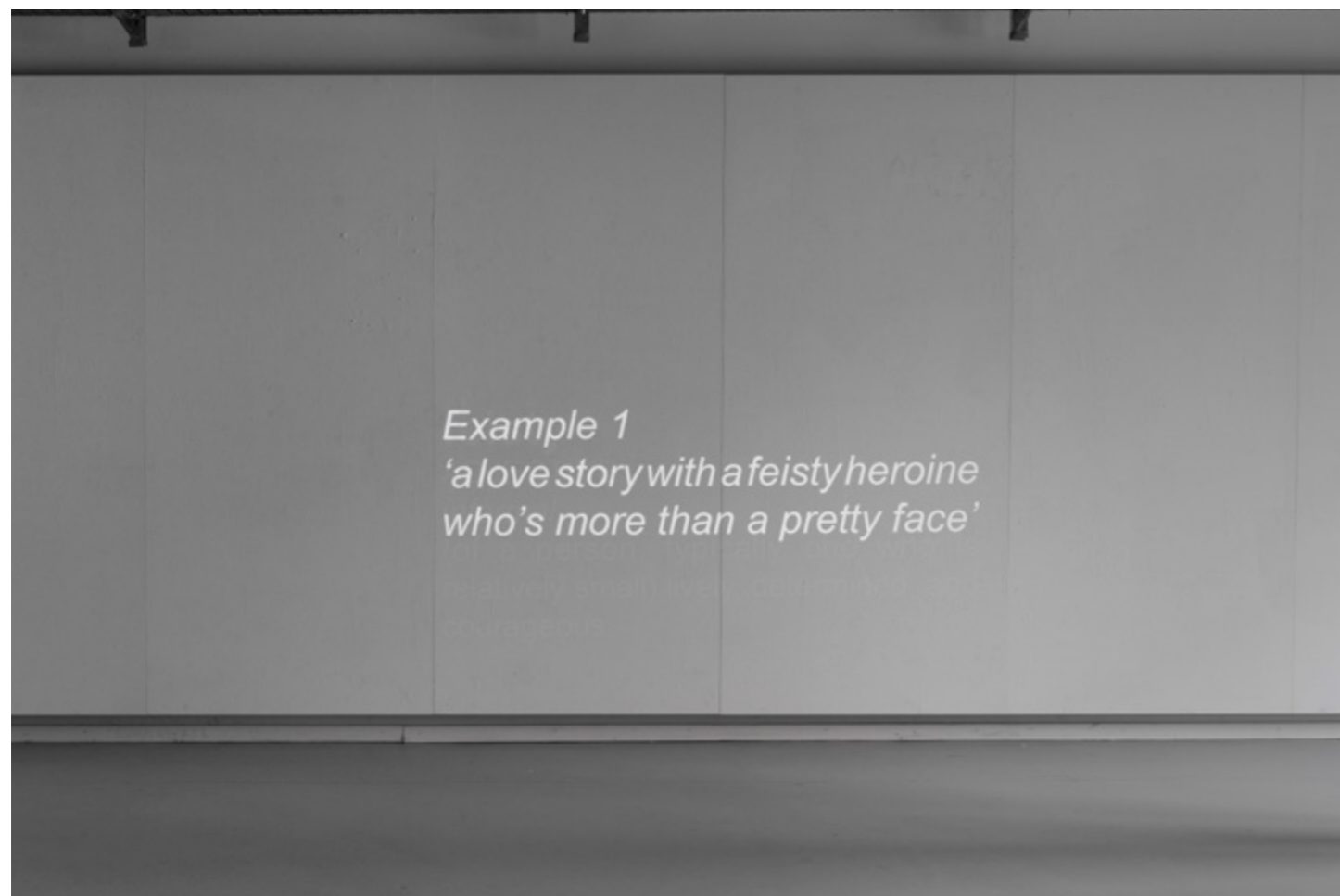
*How we use words (Oxford Dictionary)* explores how words differ in use from their genderneutral definition and reveals the underlying sexism within the English language. The definitions and example sentences have all been taken from the Oxford Dictionary website.





List of words used in presentation as of now:

abrasive  
bossy  
demure  
ditzy  
emotional  
feisty  
frigid  
hysterical  
loose  
prude  
sassy



**ditzy**

ADJECTIVE

North American

informal

Silly or scatterbrained.

Example 1

'don't tell me my ditzy secretary didn't send you an invitation!'

Example 2

'Though she could be a bit ditzy at times, Jenny was a genuinely nice person who had more friends than she could count.'

Example 3

'Even when they're on the ditzy side, these women still know what to do.'

Example 4

'My worst fear was that I would falter and look like some stupid ditzy girl.'

Example 5

'I'm very girly, very into fashion, and I can be more than a little ditzy.'





## Lingering, 2018

Projection of photographs with text

The series of images are private thoughts visualized in private spaces. Some of them occur just once, while others reoccur.



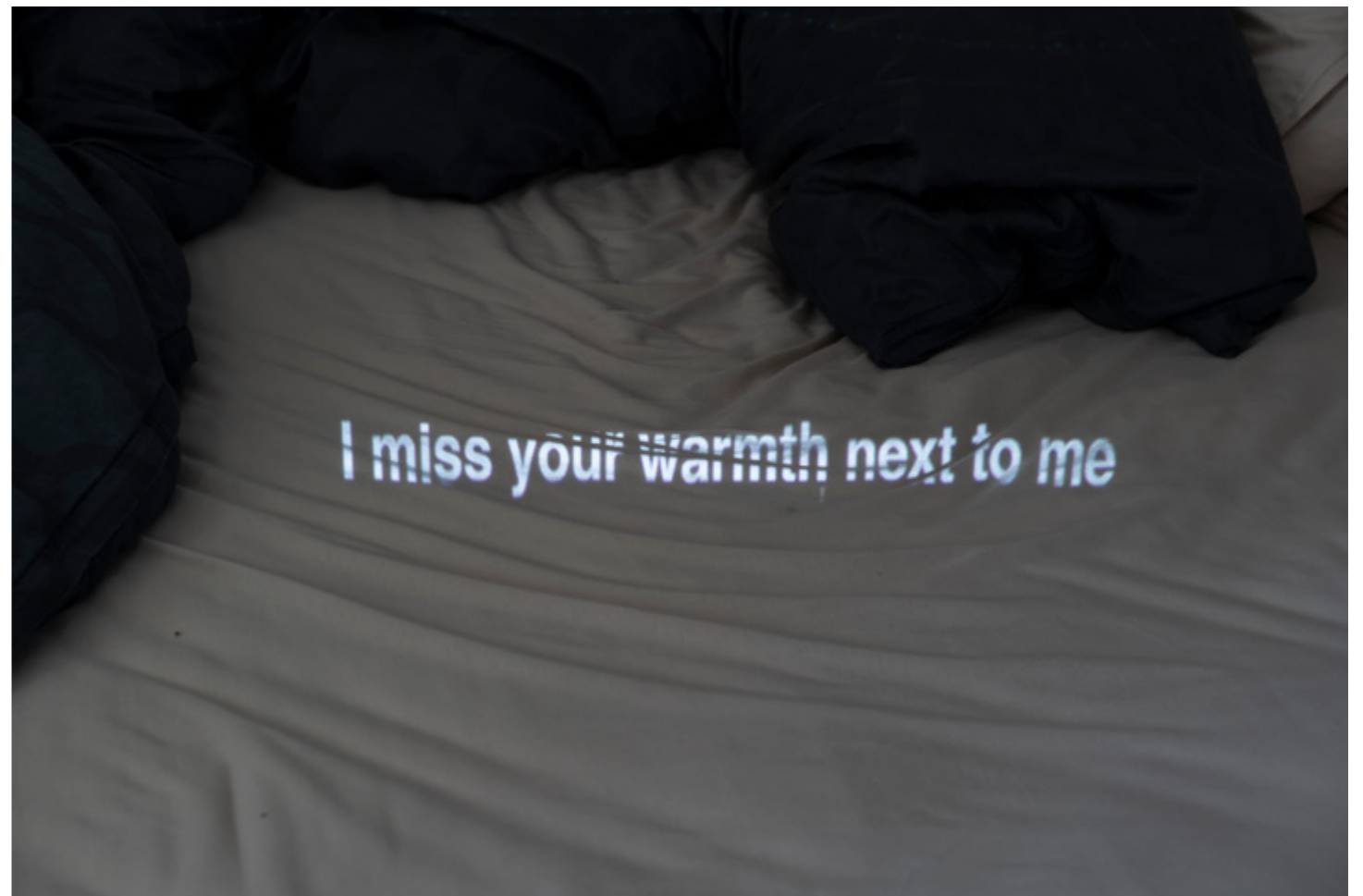






someday I will fade into grey as well.





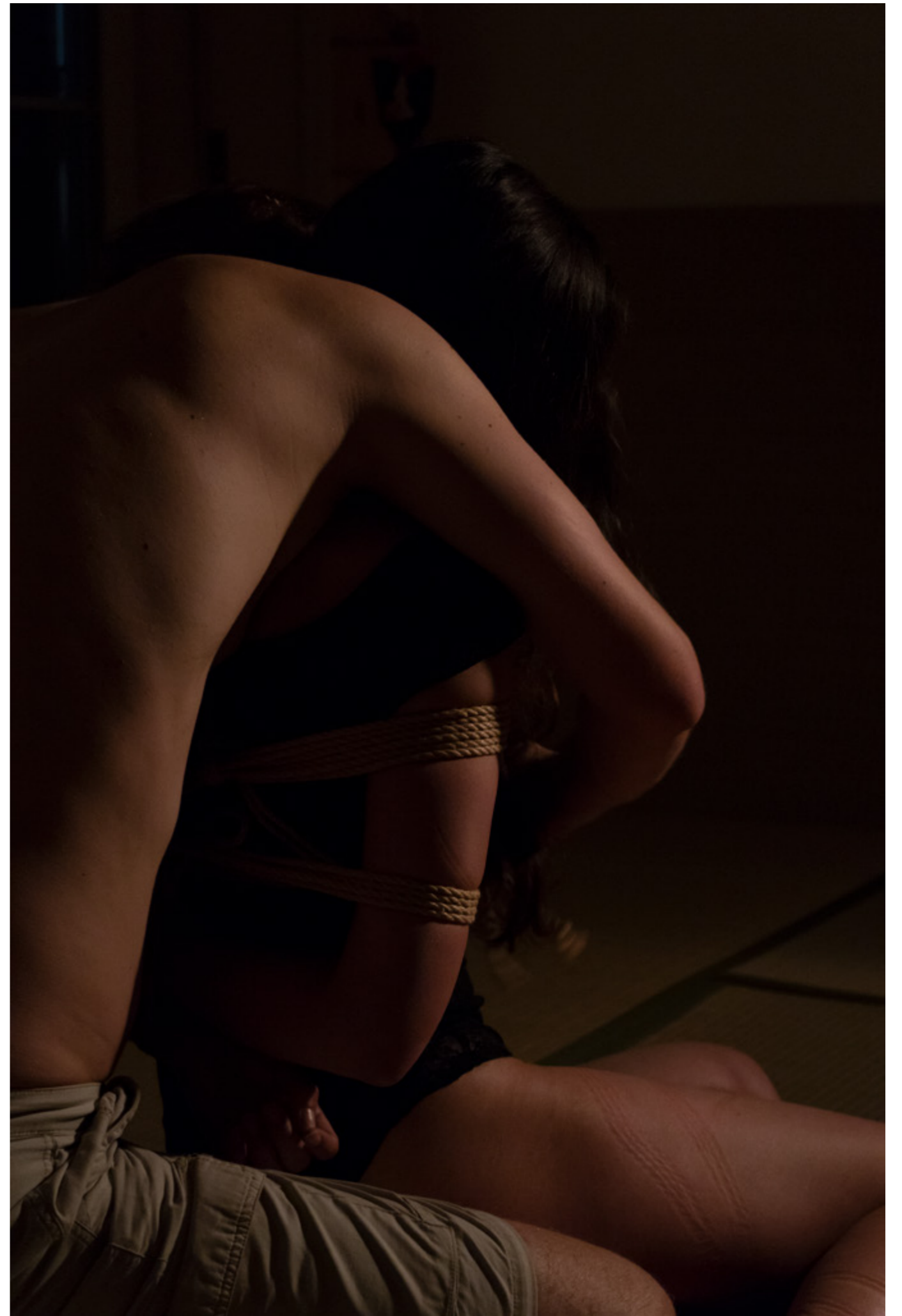


**highspeed intimacy, 2018**

Inkjet prints on semi-gloss paper, 1.5x1m

The images were taken in early May of 2018 during a session between Liz and the rope master RopuNawa.





## Ladina Schillig CV

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born 1993, lives and works in Zurich

## EDUCATION

2020 - 2022	Master of Arts (Fine Arts), ZHdK
2017 - 2020	Bachelor of Arts (Kunst und Medien, Vertiefung Fotografie), ZHdK
2019 - 2020	Exchange semester, Central Academy of Fine Arts, China
2016 - 2016	Propädeutikum, ZHdK

## SELECTED GROUP EXHIBITIONS

2022	Vanitas, FRAM, Einsiedeln, CH
2021	Photo21 (special exhibition on 'death'), Zürich, CH
2020	screenspace, <a href="http://www.brand-new-life.org">www.brand-new-life.org</a> Genuss Film Festival, Zug, CH Photo20, Zürich, CH
2019	Limitation Infinite, CAFA, Beijing, CN Body & Soul, ZHdK, Zürich, CH Odd Fellows, Zentrum Paul Klee, Bern, CH Open Studio, CityU, Hong Kong In grond crap en miu curtgin - a big rock in my garden, Vuorz, CH a very crowded room, ZHdK, Zürich, CH Photo19, Zürich, CH
2018	100kg, Longtang, Zürich, CH