Remove specifics and convert to ambiguities	Think of the radio
Don't be frightened of clichés	Allow an easement (an easement is the abandonment of a stricture)
What is the reality of the situation?	Simple subtraction
Are there sections? Consider transitions	Remove specifics and convert to ambiguities
Turn it upside down	Go slowly all the way round the outside

A line has two sides	Infinitesimal gradations
Make an exhaustive list of everything you might do and do the last thing on the list	Change instrument roles
Into the impossible	Accretion
Ask people to work against their better judgment	Disconnect from desire
Take away the elements in order of apparent non-importance	Emphasize repetitions

Don't be afraid of things because they're easy to do	Is there something missing?
Don't be frightened to display your talents	Use unqualified people
Breathe more deeply	How would you have done it?
Honor thy error as a hidden intention	Emphasize differences
Only one element of each kind	Do nothing for as long as possible

Bridges -build -burn	Water
You don't have to be ashamed of using your own ideas	Make a sudden, destructive unpredictable action; incorporate
Tidy up	Consult other sources
Do the words need changing?	Use an unacceptable color
Ask your body	Humanize something free of error

Use filters	Balance the consistency principle with the inconsistency principle
Fill every beat with something	Do nothing for as long as possible
Discard an axiom	Listen to the quiet voice
What wouldn't you do?	Is it finished?
Decorate, decorate	Put in earplugs

Give the game away	Reverse	
Abandon normal instruments	Trust in the you of now	
Use fewer notes	What would your closest friend do?	
Repetition is a form of change	Distorting time	
Give way to your worst impulse	Make a blank valuable by putting it in an exquisite frame	

	The inconsistency principle	
Chost echoes	Don't break the silence	-
You can only make one dot at a time	Discover the recipes you are using and abandon them	
Just carry on	Cascades	-
(Organic) machinery	Courage!	-

What mistakes did you make last time?	You are an engineer
Consider different fading systems	Remove ambiguities and convert to specifics
Mute and continue	Look at the order in which you do things
It is quite possible (after all)	Go outside. Shut the door.
Don't stress one thing more than another	Do we need holes?

Cluster analysis	Work at a different speed
Do something boring	Look closely at the most embarrassing details and amplify them
Define an area as 'safe' and use it as an anchor	Mechanicalize something idiosyncratic
Overtly resist change	Emphasize the flaws
Accept advice	Remember those quiet evenings

Take a break	The tape is now the music
Short circuit (example; a man eating peas with the idea that they will improve his virility shovels them straight into his lap)	Imagine the music as a moving chain or caterpillar
Use an old idea	Intentions -credibility of -nobility of -humility of
Destroy -nothing -the most important thing	Imagine the music as a set of disconnected events
Change nothing and continue with immaculate consistency	Imagine the piece as a set of disconnected events

What are you really thinking about just now? Incorporate.	Children's voices -speaking -singing
Assemble some of the instruments in a group and treat the group	Feedback recordings into an acoustic situation
Shut the door and listen from outside	Towards the insignificant
Is the tuning appropriate?	Simply a matter of work
Look at a very small object, look at its centre	Not building a wall but making a brick

Revaluation (a warm feeling)	Disciplined self-indulgence
The most important thing is the thing most easily forgotten	Always first steps
Idiot glee	Question the heroic approach
Be extravagant	Always give yourself credit for having more than personality
State the problem in words as clearly as possible	Faced with a choice, do both

Tape your mouth	Twist the spine
Get your neck massaged	Lowest common denominator check -single beat
-single note -single riff	
Do the washing up	Listen in total darkness, or in a very large room, very quietly
Convert a melodic element into a rhythmic element	Would anybody want it?
Spectrum analysis	Retrace your steps

Go to an extreme, move back to a more comfortable place	
Once the search is in progress, something will be found	
Only a part, not the whole	
From nothing to more than nothing	
Be less critical more often	